

# Wollaston Child Care Center January News 2019



Welcome the New Year. We hope everyone had a safe and happy holiday season. Time to get back to the "norm". This can be challenging for children to come back to the program after days or weeks away! To help ease the transition talk to your child about the fun experiences they have at school, how their friends and teachers have missed them. Talk to them about their feel-

## Pyramid Model

The Pyramid Model is a framework that provides programs with guidance on how to promote social emotional competence in all children and design effective interventions that support young children who might have persistent challenging behavior. It also provides practices to ensure that children with social emotional delays receive intentional teaching. We at WCCC implement this model and would like to help you learn more about it. Attached with the newsletter is a handout on how to use positive language to improve your child's behavior. Any questions please ask, we look forward to sharing the information with you!



## Farewell..Goodbye Sad to see you go..

### GOOD LUCK MR. KEVIN

We are sad to inform our families that Mr. Kevin will be leaving us on January 11th. He has taken a piece of all of our hearts and it will be hard to fill that void. We wish him the best in all his future endeavors and know he will be successful! Make sure to thank him for all he has done and wish him



# Keeping Safe in the Winter



The cold weather is here, we have had some extremely cold days. When temperatures drop, children need extra attention to stay warm, safe and healthy. Young children are less likely to recognize when they are cold and more likely to lose body heat quickly due to their smaller size. Here are some tips to protect children when the thermometer dips:

**Think layers:** Put several layers of clothing on your child and make sure their head, neck and hands are covered. Dress babies and young children in one more layer than an adult would wear.

**Beware clothing hazards:** Scarves and hood strings can strangle smaller children so use other clothing to keep them warm.

**Check in on warmth:** Tell children to come inside if they get wet or if they're cold. Then keep watching them and checking in. They may prefer to continue playing outside even if they are wet or cold.

**Install alarms:** More household fires happen during the winter so make sure you have smoke and carbon monoxide alarms in your home.

**Get equipped:** Children should always wear helmets when snowboarding, skiing, sledding or playing ice hockey. Any sports equipment should be professionally fitted.

**Prevent nosebleeds:** If your child suffers from minor winter nosebleeds, use a cold air humidifier in their room. Saline nose drops can help keep their nose moist.

**Keep them hydrated:** In drier winter air kids lose more water through their breath. Keep them drinking and try giving them warm drinks and soup for extra appeal.

**Watch for danger signs:** Signs of frostbite are pale, grey or blistered skin on the fingers, ears, nose, and toes. If you think your child has frostbite bring the child indoors and put the affected area in warm (not hot) water. Signs of hypothermia are shivering, slurred speech, and unusual clumsi-



## WCCC Closings:

January 1st– New Years Day

January 21st– Martin Lu-

Let It SNOW



**Snow Emergencies:** On rare occasions it may be necessary to close the Center due to severe weather, such as the Governor declaring Massachusetts in a “State of Emergency” and/or driving conditions are dangerous. If this happens there will be a message on our main phone line (617-773-7217) or Facebook; regarding changes in hours of operations or if the Center is closing. If ever you have questions please don't hesitate to call us.

## HAPPY BIRTHDAY



Lucas L.	1/01
Eve H.	1/01
Jezayi M.	1/01
Ira G.	1/03
Daniel H.	1/03
Stanson L.	1/05
Angela H.	1/10
Nathan C.	1/13

