

Snack Menu

Monday

A.M. Yogurt with fresh fruit and milk or water

P.M. Animal crackers or graham crackers, applesauce or canned pineapple and water

Tuesday

A.M. Waffles or bagels w/ cream cheese and fresh fruit

P.M. Graham crackers or animal crackers, fresh fruit or canned pineapple and milk or water

Wednesday

A.M. Life Cereal, Cornflakes, or Cheerios, raisins and milk or water

P.M. Wheat Thins or Saltines w/ vegetables **

Thursday

A.M. Cheerios, Cornflakes, or Life Cereal, fresh fruit, milk or water

P.M. Oyster crackers or Ritz crackers, cheese and milk or water

Friday

A.M. Toast or bagel with butter/Cream Cheese and Fresh Fruit

P.M. Ritz crackers or Oyster crackers and vegetables **

*Fresh fruit may consist of apples, oranges, strawberries, blueberries, cantaloupe, watermelon or bananas

**Fresh vegetables may consist of cucumbers, carrots, celery, peppers, snap peas or tomatoes. Fresh vegetables may be served with Ranch dressing.